



# The Weight-Loss Consumer Bill of Rights

- (A) Warning: Rapid weight loss may cause serious health problems. Rapid weight loss is weight loss of more than 1½ pounds to 2 pounds per week or weight loss of more than 1 percent of body weight per week after the second week of participation in a weight-loss program.
- (B) Consult your personal physician before starting any weight-loss program.
- (C) Only permanent lifestyle changes, such as making healthful food choices and increasing physical activity, promote long-term weight loss.
- (D) Qualifications of this provider are available upon request.
- (E) You have a right to:
  - 1. Ask questions about the potential health risks of this program and its nutritional content, psychological support, and educational components.
  - 2. Receive an itemized statement of the actual or estimated price of the weight-loss program, including extra products, services, supplements, examinations, and laboratory tests.
  - 3. Know the actual or estimated duration of the program.
  - 4. Know the name, address, and qualification of the dietician or nutritionist who has reviewed and approved the weight-loss program according to s.468.505(1)(j), Florida statutes.

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I have read the above:

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***Patient's Signature***

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***Date***